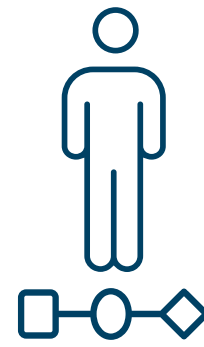


# Staying on Top of Side Effects?

## This booklet may help.




Information in this booklet is not a substitute for talking with your healthcare professional. Your healthcare professional is the best source of information about your disease.

### What is OPDIVO?

### INDICATIONS

OPDIVO is a prescription medicine used to treat:

-  Adults and children 12 years of age and older who have a type of **skin cancer called melanoma**, and:
  - ✓ Whose melanoma has spread or cannot be removed by surgery (advanced melanoma).

OPDIVO can be used alone or in combination with YERVOY (OPDIVO + YERVOY).

-  Adults who have a type of **advanced lung cancer called non-small cell lung cancer (NSCLC)**:

OPDIVO + YERVOY is approved as a first treatment for adults:

- ✓ Who have lung cancer that has spread to other parts of the body (metastatic) **AND**
- ✓ Whose tumors are positive for PD-L1 but do not have an abnormal EGFR or ALK gene.

OPDIVO + YERVOY in combination with 2 cycles of chemotherapy that contains platinum and another chemotherapy medicine (OPDIVO + YERVOY + chemo) is approved as a first treatment for adults:


- ✓ Who have lung cancer that has spread or grown (metastatic) or comes back (recurrent) **AND**
- ✓ Whose tumors do not have an abnormal EGFR or ALK gene.

OPDIVO is approved for adults who:

- ✓ Have lung cancer that has spread or grown; **AND**
- ✓ Have tried chemotherapy that contains platinum, and it did not work or is no longer working; **AND**
- ✓ If their tumor has an abnormal EGFR or ALK gene, they have also tried an FDA-approved therapy for tumors with these abnormal genes and it did not work or is no longer working.

### Select Important Facts About OPDIVO and OPDIVO + YERVOY

OPDIVO and YERVOY can cause problems that can sometimes become serious or life-threatening and can lead to death. Serious side effects may include lung problems; intestinal problems; liver problems; hormone gland problems; kidney problems; skin problems; eye problems; problems in other organs and tissues; severe infusion reactions; and complications of stem cell transplant, including graft-versus-host disease (GVHD), that uses donor stem cells (allogeneic). Call or see your healthcare provider right away for any new or worsening signs or symptoms.

 Please see Important Facts About OPDIVO + YERVOY on [pages 14–16](#). For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.



# What is OPDIVO® (nivolumab)? (continued)

## INDICATIONS (continued)



Adults who have a type of **early-stage lung cancer called non-small cell lung cancer (NSCLC)**.

OPDIVO, in combination with chemotherapy that contains platinum and another chemotherapy medicine, is approved for adults with early-stage NSCLC for use before surgery.



Adults who have a type of cancer called **malignant pleural mesothelioma**, which affects the lining of the lungs and chest wall:

OPDIVO + YERVOY may be used as a first treatment for malignant pleural mesothelioma that cannot be removed by surgery.



Adults who have **kidney cancer (renal cell carcinoma)**:

OPDIVO + YERVOY is approved for certain adults:

- ✓ Whose kidney cancer has spread (advanced RCC) **AND**
- ✓ Who have not already had treatment for their advanced RCC.

OPDIVO in combination with cabozantinib is approved for adults:

- ✓ Whose kidney cancer has spread (advanced RCC) **AND**
- ✓ Who have not already had treatment for their advanced RCC.

Please read the Patient Information that comes with cabozantinib.

OPDIVO is approved for adults:

- ✓ Whose kidney cancer (RCC) has spread or grown after treatment with other cancer medicines.



Adults who have a type of **blood cancer called classical Hodgkin lymphoma**, and who:

- ✓ Have classical Hodgkin lymphoma that has come back or spread after a type of stem cell transplant that uses their own stem cells (autologous stem cell transplant); **AND**
- ✓ Used the medicine brentuximab vedotin before or after the stem cell transplant; **OR**
- ✓ Received at least 3 kinds of treatment including an autologous stem cell transplant.

OPDIVO was approved based on response rate. There is ongoing evaluation of clinical benefit of OPDIVO for this use.



Adults who have **head and neck cancer called squamous cell carcinoma of the head and neck (SCCHN)**, and who:

- ✓ Have been treated with chemotherapy that contains platinum, but their head and neck cancer has returned or spread after treatment.




Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.



## What is OPDIVO® (nivolumab)? (continued)

### INDICATIONS (continued)

 Adults who have cancer of the lining of the urinary tract (including the bladder, urethra, ureters, or renal pelvis) **(urothelial carcinoma)**.

OPDIVO is approved for adults who have:

- ✓ Urinary tract cancer that has spread or grown (locally advanced or metastatic) **AND**
- ✓ Tried chemotherapy that contains platinum, and it did not work or is no longer working **OR**
- ✓ Cancer that worsened within 12 months of treatment with chemotherapy that contains platinum, either before or after surgery to remove the cancer.

OPDIVO is approved to help prevent cancer from coming back in adults who:

- ✓ Have cancer of the urinary tract (including the bladder, ureters, or renal pelvis) **AND**
- ✓ Had surgery to remove the cancer.

 Adults and children 12 years of age and older who have **colorectal cancer (a type of colon or rectal cancer)**, and who:


- ✓ Have colorectal cancer that has spread to other parts of the body (metastatic); **AND**
- ✓ Have a tumor that is microsatellite instability-high (MSI-H) or mismatch repair deficient (dMMR); **AND**
- ✓ Have tried treatment with a fluoropyrimidine, oxaliplatin, and irinotecan, and it did not work or is no longer working.

OPDIVO can be used alone or in combination with YERVOY (OPDIVO + YERVOY). OPDIVO and OPDIVO + YERVOY were approved based on response rate and how long patients' responses lasted. There is ongoing evaluation of clinical benefit of OPDIVO and OPDIVO + YERVOY for this use.


 Adults who have **liver cancer (hepatocellular carcinoma)**, and who:

- ✓ Have previously received treatment with sorafenib.

OPDIVO is used in combination with YERVOY (OPDIVO + YERVOY). OPDIVO + YERVOY was approved based on response rate and how long patients' responses lasted. There is ongoing evaluation of clinical benefit of OPDIVO + YERVOY for this use.

 Adults and children 12 years of age and older who have a type of **skin cancer called melanoma**, and who:

- ✓ Have had surgery to remove it and the lymph nodes that contain cancer, to help prevent melanoma from coming back.

 Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

 OPDIVO®  
(nivolumab)

 OPDIVO® + YERVOY®  
(nivolumab) (ipilimumab)

## What is OPDIVO® (nivolumab)? (continued)

### INDICATIONS (continued)

 Adults who have **cancer of the tube that connects the throat to the stomach (esophageal cancer)**  
OPDIVO + YERVOY is approved for adults:

- ✓ Whose esophageal cancer is a type called squamous cell carcinoma, **AND**
- ✓ Cannot be removed with surgery (advanced), **OR**
- ✓ Has spread to other parts of the body (metastatic), **AND**

They have not already had treatment for their advanced or metastatic esophageal cancer.

OPDIVO with chemotherapy that contains fluoropyrimidine and platinum is approved for adults:

- ✓ Whose esophageal cancer is a type called squamous cell cancer, **AND**
- ✓ Cannot be removed with surgery (advanced), **OR**
- ✓ Has spread to other parts of the body (metastatic), **AND**

They have not already had treatment for their advanced or metastatic esophageal cancer.


 Adults who have **cancer of the tube that connects the throat to the stomach (esophageal cancer)**, and their cancer:

- ✓ Is a type called squamous cell carcinoma, **AND**
- ✓ Cannot be removed with surgery, **AND**
- ✓ Has come back or spread to other parts of the body after they have received chemotherapy that contains fluoropyrimidine and platinum

 Adults who have cancer of the tube that connects the throat to the stomach (**esophageal cancer**) or cancer where the esophagus joins the stomach (**gastroesophageal junction cancer**), and who:

- ✓ Have been treated with chemoradiation, **AND THEN**
- ✓ Had surgery to completely remove the cancer, **but** some cancer cells were still present in the removed tumor or lymph nodes.

OPDIVO may be used to help prevent the esophageal or gastroesophageal junction cancer from coming back.

 Adults who have:


- ✓ Cancer of the stomach (**gastric cancer**).
- ✓ Cancer where the esophagus joins the stomach (**gastroesophageal junction cancer**).
- ✓ **Esophageal adenocarcinoma.**

OPDIVO may be used with chemotherapy that contains fluoropyrimidine and platinum in adults whose gastric, gastroesophageal junction, or esophageal cancer:

- ✓ Cannot be removed with surgery, **OR**
- ✓ Has spread to other parts of the body.

It is not known if OPDIVO is safe and effective in children younger than 12 years of age with melanoma or MSI-H or dMMR metastatic colorectal cancer.

It is not known if OPDIVO is safe and effective in children for the treatment of any other cancers.

 Please see [Important Facts About OPDIVO + YERVOY](#) on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

  
OPDIVO®  
(nivolumab)

  
OPDIVO® + YERVOY®  
(nivolumab) (ipilimumab)

## Your daily side effects check-in

You have a lot on your mind, so it may be difficult to remember any changes in how you're feeling over time. Use this Daily Side Effects Check-In to help you:

- Keep track of how you're doing on treatment
- Communicate the details of how you're feeling to your healthcare team

It includes:

- Bi-weekly pages to make a daily record of any side effects you notice
- A list of potential side effects to refer to
- A built-in stand for easy access that also gives you the option of keeping it closed for privacy

Use them together to start a daily **3-step routine** of:

①



### Noticing

Pay close attention to how you feel.

②



### Identifying

Enter any side effects you notice.

③



### Reporting

Tell your healthcare team right away about any side effects.



Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

**OPDIVO**  
(nivolumab)

**OPDIVO** + **YERVOY**  
(nivolumab) (ipilimumab)

## How can you play an active role?

Reporting side effects early is important



Talking to your healthcare team about how you are feeling can help them become aware of side effects early. **Treating certain side effects early may help keep them from becoming more serious.**



Play an active role in communication

Don't feel like you're bothering your healthcare team by getting in touch, even if you are not sure that what you're feeling is a side effect.

Do not treat possible side effects yourself. Your healthcare team is the best source of medical help.

Side effects may occur


OPDIVO and YERVOY can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or can lead to death. These problems may happen anytime during treatment or even after your treatment has ended. You may have more than one of these problems at the same time. Some of these problems may happen more often when OPDIVO is used in combination with another therapy.

## Utilize your support network

Play an active role in your treatment by paying attention to how you're feeling. No matter how minor a side effect may seem, don't be embarrassed to talk about it with all of the members of your support network.



If you haven't already registered for your personal Care Counselor, visit [www.OPDIVOwithYou.com](http://www.OPDIVOwithYou.com) or call **1-855-OPDIVO-1** (1-855-673-4861) to request a registration form.

 Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

**OPDIVO**  
(nivolumab)

**OPDIVO**  
(nivolumab)

**+** **YERVOY**  
(ipilimumab)

## How to use your daily check-in

- 1 Be aware of what to look out for  
Use the list of potential side effects on pages 11–12 to help you identify and describe how you're feeling.
- 2 Make a habit of keeping track  
Make an entry in your Daily Check-In chart at the same time every day. Here's an example:

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
11/27	Y N	1 2 3	Diarrhea

Indicate whether or not you've noticed any side effects that day by circling "Yes" or "No."

Score the side effect severity as:  
1 = mild  
2 = moderate  
3 = severe


Use the last column to name your side effects.



Check the box at the bottom of the last column to mark every week you complete.

**Over time, you and your doctor will be able to see if side effects increase, decrease, or stay the same. All side effects, even those that may seem mild, should be discussed with your healthcare team right away. This may help keep your side effects from becoming more serious.**

**For additional charts and stickers, please call *OPDIVO with You* at 1-855-OPDIVO-1 (1-855-673-4861).**

 Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

**OPDIVO**  
(nivolumab)

**OPDIVO** + **YERVOY**  
(nivolumab) (ipilimumab)

## Your Daily Check-In: Week 1 and 2

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK 1

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK 2

## Your Daily Check-In: Week 3 and 4

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK 3

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK 4


**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying U.S. Full Prescribing Information and Medication Guide for YERVOY.

Please see accompanying U.S. Full Prescribing Information and Medication Guide for OPDIVO.





# Your Daily Check-In: Week 5 and 6

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	

WEEK 5

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	

WEEK 6

# Your Daily Check-In: Week 7 and 8

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	

WEEK 7

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	

WEEK 8

**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying U.S. Full Prescribing Information and Medication Guide for YERVOY.

Please see accompanying U.S. Full Prescribing Information and Medication Guide for OPDIVO.



# Your Daily Check-In: Week 9 and 10

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	Tracking Complete

WEEK 9

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	Tracking Complete

WEEK 10

# Your Daily Check-In: Week 11 and 12

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	Tracking Complete

WEEK 11

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	
	<b>Y</b> N	1   2 <b>3</b>	Tracking Complete

WEEK 12

**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying U.S. Full Prescribing Information and Medication Guide for YERVOY.

Please see accompanying U.S. Full Prescribing Information and Medication Guide for OPDIVO.



# Your Daily Check-In: Week \_\_\_ and \_\_\_

You can print out this page if you need **additional charts**.

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK \_\_\_

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK \_\_\_

# Your Daily Check-In: Week \_\_\_ and \_\_\_

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK \_\_\_

Date	Any Side Effects? (Circle "Yes" or "No")	How Severe? (Circle one)	Name and Describe Side Effects
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	
	Y N	1 2 3	



WEEK \_\_\_

**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.



# What Are Possible Side Effects?

**It's important to notice any changes in your body after you begin treatment and to report them to your healthcare team right away.**

Working with your doctor, use this chart to write down how you are feeling as you start treatment. The descriptions under each organ of the body can help you put your thoughts into words. After treatment begins, use your chart as a “baseline” for comparison. It may help you become more aware of changes that could be the result of side effects.

These are not all of the possible side effects of OPDIVO or OPDIVO + YERVOY. This is why you need to report any discomfort or changes in the way you are feeling to your Oncology Care Team.

**Liver:** \_\_\_\_\_

- yellowing of your skin or the whites of your eyes
- severe nausea or vomiting
- pain on the right side of your stomach area (abdomen)
- dark urine (tea colored)
- bleeding or bruising more easily than normal

**Other Organs:** \_\_\_\_\_

Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with OPDIVO or YERVOY. Call or see your healthcare provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain, irregular heartbeat, shortness of breath, swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising

**Intestines** \_\_\_\_\_

- diarrhea (loose stools) or more frequent bowel movements than usual
- stools that are black, tarry, sticky, or have blood or mucus
- severe stomach-area (abdominal) pain or tenderness

**YERVOY may be associated with eye problems** with signs and symptoms that include blurry vision, double vision or other vision problems and eye pain or redness.

See following pages for more potential Adverse Events.

**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY. Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.



## What Are Possible Side Effects? (continued)

If you are taking OPDIVO in combination with another medicine, consult your healthcare professional about the potential side effects of that medicine.

**Complications, including graft-versus-host disease (GVHD), of bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be severe and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with OPDIVO or YERVOY. Your healthcare provider will monitor you for these complications.

These are not all of the possible side effects of OPDIVO or OPDIVO + YERVOY. This is why you need to report any discomfort or changes in the way you are feeling to your Oncology Care Team.

**Hormone Glands:** \_\_\_\_\_

\_\_\_\_\_

- headaches that will not go away or unusual headaches
- eye sensitivity to light
- eye problems
- rapid heartbeat
- increased sweating
- extreme tiredness
- weight gain or weight loss
- feeling more hungry or thirsty than usual
- urinating more often than usual
- hair loss
- feeling cold
- constipation
- your voice gets deeper
- dizziness or fainting
- changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness

**Lungs** \_\_\_\_\_

\_\_\_\_\_

- new or worsening cough
- chest pain
- shortness of breath

**Kidneys:** \_\_\_\_\_

\_\_\_\_\_

- decrease in your amount of urine
- blood in your urine
- swelling of your ankles
- loss of appetite

**Skin:** \_\_\_\_\_

\_\_\_\_\_

- rash
- itching
- skin blistering or peeling
- painful sores or ulcers in mouth or nose, throat, or genital area

**Severe Infusion Reactions:** \_\_\_\_\_

\_\_\_\_\_

- chills or shaking
- itching or rash
- flushing
- shortness of breath or wheezing
- dizziness
- feel like passing out
- fever
- back or neck pain

**i** Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.


Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.





## Important Facts About OPDIVO® (nivolumab) and OPDIVO + YERVOY® (ipilimumab)

This is a summary of important information that you need to know about OPDIVO and OPDIVO + YERVOY. Your healthcare team can work with you to help answer any questions you may have about these medications. Keep this information in a safe place so you can refer to it before and during your treatment.

**Look out for the following icons as you read:**


 Talk to your healthcare team

 Call a healthcare provider right away

 Helpful information to remember

### What is the most important information I should know about OPDIVO + YERVOY?

OPDIVO and YERVOY are medicines that may treat certain cancers by working with your immune system. OPDIVO and YERVOY can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. Some of these problems may happen more often when OPDIVO is used in combination with another therapy.

 **Get medical help immediately** if you develop any of these signs or symptoms or they get worse. It may keep these problems from becoming more serious. Your healthcare team will check you for these problems during treatment and may treat you with corticosteroid or hormone replacement medicines. If you have severe side effects, your healthcare team may also need to delay or completely stop your treatment.

### What are the serious side effects of OPDIVO and OPDIVO + YERVOY?

A **serious side effect** is a side effect that can sometimes become severe or life-threatening and can lead to death. They may happen anytime during treatment or even after your treatment has ended. You may have more than one of these problems at the same time.

**Call or see your healthcare provider right away if you develop any new or worse signs or symptoms, including:**

**Lung problems** – Things to look out for may include:

- new or worsening cough
- shortness of breath
- chest pain

**Intestinal problems** – Things to look out for may include:

- diarrhea (loose stools) or more frequent bowel movements than usual
- stools that are black, tarry, sticky, or have blood or mucus
- severe stomach-area (abdominal) pain or tenderness

**Liver problems** – Things to look out for may include:

- yellowing of your skin or the whites of your eyes
- pain on the right side of your stomach area (abdomen)
- bleeding or bruising more easily than normal
- severe nausea or vomiting
- dark urine (tea colored)

**Hormone gland problems** – Things to look out for may include:

- headaches that will not go away or unusual headaches
- extreme tiredness
- hair loss
- dizziness or fainting
- eye sensitivity to light
- weight gain or weight loss
- feeling cold
- changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness
- eye problems
- feeling more hungry or thirsty than usual
- constipation
- your voice gets deeper
- rapid heartbeat
- urinating more often than usual

**Kidney problems** – Things to look out for may include:


- decrease in your amount of urine
- blood in your urine
- loss of appetite
- swelling in your ankles

**Skin problems** – Things to look out for may include:

- rash
- skin blistering or peeling
- painful sores or ulcers in the mouth or nose, throat, or genital area
- itching

**Eye problems** – Things to look out for may include:

- blurry vision, double vision, or other vision problems
- eye pain or redness

 For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide for YERVOY](#).

Please see accompanying [U.S. Full Prescribing Information and Medication Guide for OPDIVO](#).

**OPDIVO**  
(nivolumab)

**OPDIVO** + **YERVOY**  
(nivolumab) (ipilimumab)

# Important Facts About OPDIVO® (nivolumab) and OPDIVO + YERVOY® (ipilimumab) (continued)

## What are the serious side effects of OPDIVO and OPDIVO + YERVOY? (continued)

Problems can also happen in other organs and tissues. These are not all the signs and symptoms of immune system problems that can happen with OPDIVO and YERVOY. Call or see your healthcare provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain, irregular heartbeat, shortness of breath, swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising

## What are the possible side effects of OPDIVO + YERVOY?

OPDIVO and OPDIVO + YERVOY can cause serious side effects, including:

See the previous section, “What is the most important information I should know about OPDIVO + YERVOY?”

**Severe infusion reactions** – Things to look out for may include:

- chills or shaking
- shortness of breath or wheezing
- fever
- itching or rash
- dizziness
- back or neck pain
- flushing
- feel like passing out



**Tell your healthcare team** right away if you get these symptoms during an infusion of OPDIVO or YERVOY.

**Complications, including graft-versus-host disease (GVHD), of bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be severe and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with OPDIVO or YERVOY. Your healthcare provider will monitor you for these complications.

## What are the most common side effects?

The most common side effects of OPDIVO when used alone include:


- feeling tired
- rash
- pain in muscles, bones, and joints
- itchy skin
- diarrhea
- nausea
- weakness
- cough
- vomiting
- shortness of breath
- constipation
- decreased appetite
- back pain
- upper respiratory tract infection
- fever
- headache
- stomach-area (abdominal) pain
- urinary tract infection

The most common side effects of OPDIVO when used in combination with YERVOY include:

- feeling tired
- diarrhea
- rash
- itching
- nausea
- pain in muscles, bones, and joints
- fever
- cough
- decreased appetite
- vomiting
- stomach-area (abdominal) pain
- shortness of breath
- upper respiratory tract infection
- headache
- low thyroid hormone levels (hypothyroidism)
- constipation
- decreased weight
- dizziness

The most common side effects of OPDIVO when used in combination with YERVOY and chemotherapy include:

- feeling tired
- pain in muscles, bones and joints
- nausea
- diarrhea
- rash
- decreased appetite
- constipation
- itching

 For more information, please see accompanying [U.S. Full Prescribing Information](#) and [Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information](#) and [Medication Guide](#) for OPDIVO.



# Important Facts About OPDIVO® (nivolumab) and OPDIVO +YERVOY® (ipilimumab) (continued)

## What are the most common side effects? (continued)

The most common side effects of OPDIVO when used in combination with chemotherapy include:

- nausea
- constipation
- feeling tired
- decreased appetite
- rash

The most common side effects of OPDIVO when used in combination with cabozantinib include:

- diarrhea
- feeling tired or weak
- liver problems
- rash, redness, pain, swelling, or blisters on the palms of your hands or soles of your feet
- mouth sores
- rash
- high blood pressure
- low thyroid hormone levels
- pain in muscles, bones, and joints
- decreased appetite
- nausea
- change in the sense of taste
- stomach-area (abdominal) pain
- cough
- upper respiratory tract infection

The most common side effects of OPDIVO when used in combination with fluoropyrimidine and platinum-containing chemotherapy include:

- nausea
- numbness, pain, tingling, or burning in your hands or feet
- decreased appetite
- feeling tired
- constipation
- mouth sores
- diarrhea
- vomiting
- stomach-area (abdominal) pain
- pain in muscles, bones, and joints

These are not all the possible side effects. **Talk to your healthcare team** or pharmacist for more information. You are encouraged to report side effects of prescription drugs to the FDA. Call 1-800-FDA-1088.

## What should I discuss with my healthcare team before receiving OPDIVO or YERVOY?

### Tell your healthcare provider about all your medical conditions, including if you:

- have immune system problems such as Crohn's disease, ulcerative colitis, or lupus
- have received an organ transplant
- have received or plan to receive a stem cell transplant that uses donor stem cells (allogeneic)
- have received radiation treatment to your chest area in the past and have received other medicines that are like OPDIVO
- have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome
- are pregnant or plan to become pregnant. OPDIVO and YERVOY can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if OPDIVO or YERVOY passes into your breast milk. Do not breastfeed during treatment with OPDIVO or YERVOY and for 5 months after the last dose of OPDIVO or YERVOY.


### Females who are able to become pregnant:

Your healthcare provider should do a pregnancy test before you start receiving OPDIVO or YERVOY.

- You should use an effective method of birth control during your treatment and for 5 months after the last dose of OPDIVO or YERVOY. Talk to your healthcare provider about birth control methods that you can use during this time.
- Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with OPDIVO or YERVOY. You or your healthcare provider should contact Bristol Myers Squibb at 1-844-593-7869 as soon as you become aware of a pregnancy.

### Tell your healthcare provider about all the medicines you take, including:

- prescription medicines
- over-the-counter medicines
- vitamins
- herbal supplements

 For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide for YERVOY](#).

Please see accompanying [U.S. Full Prescribing Information and Medication Guide for OPDIVO](#).

**OPDIVO**  
(nivolumab)

**OPDIVO** + **YERVOY**  
(nivolumab) (ipilimumab)



## Contact Information

Talk to your doctor, nurse, and other caregivers in advance about the best way to contact them. Write the information below. It will make it easy to reach out to your healthcare team.



**Oncologist** \_\_\_\_\_

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

**Nurse** \_\_\_\_\_

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

**Primary Care Physician**

\_\_\_\_\_

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

**Health Insurance Provider**

\_\_\_\_\_

Phone number \_\_\_\_\_

**OPDIVO with You Care Counselor**

\_\_\_\_\_

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

**Caregiver** \_\_\_\_\_

Phone number \_\_\_\_\_

Email address \_\_\_\_\_

*OPDIVO (10 mg/mL) and YERVOY (5 mg/mL) are injections for intravenous use.*



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7356-US-2300118 03/23



Please see Important Facts About OPDIVO + YERVOY on pages 14–16. For more information, please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for YERVOY.

Please see accompanying [U.S. Full Prescribing Information and Medication Guide](#) for OPDIVO.

